A/B,3, 2/56

To: File

Subject: SI and H Experimentation, 13 May 1953

On 13 May 1953, Wednesday, SI and H experimentation and research was conducted by [redacted] and the writer in Room 20, Building 13. Present also as subjects were the following individuals: [redacted]

Since this was merely the thrid session for the above mentioned subjects, the first part of the evening was devoted to a general relaxation period in which all subjects participated. Nothing unusual was noted except [redacted] appeared to reach a much better state than she had previously.

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Thereafter, a short general discussion was held by all hands and [redacted] then handled [redacted] in a very slow induction using the Polish language. This induction consumed about 35 minutes and [redacted] responded fairly well.

Following this, [redacted] gave the slow induction technique to [redacted] who succeeded in obtaining a medium sleep state. This induction was carried out slowly consuming approximately 30 minutes of time.

Following this, [redacted] applied a slow induction technique to [redacted] with only fair results noted. [redacted] appears to be an indefinite subject and continually resists suggestion.)

Since the four tests mentioned above consumed most of the session of work, no work was done with [redacted] or [redacted]

[redacted], who may perhaps be a good subject was here in the role of observer and since [redacted] was absent last time, was not required to participate in any way. In general, it may be said the work was reasonably successful, but the induction time was too slow but in training new subjects, slow induction is essential. For matter of record, the writer discovered [redacted] is hard of hearing which complicates her induction. [redacted] offered to drop out of the work but the writer advised that she continue for at least two more sessions to see if her inability to hear interferes with her ability to respond to suggestion.